# A Sensory Adventure



StayingMe is all about preserving memories, preserving identity, preserving you.

#### For Carers

We have a number of products aimed at helping carers of all kinds - from relaxation to organizational tools. While a loss of identity is frequently associated with dementia, carers are also gravely at risk of losing their identity, of knowing who they are.

### For those with Dementia

To help rediscover and reinforce older memories, we have Memory Books, the Memory Game as well as other memory recall aids. We also have items such as our Bonding Bears to help improve emotional condition.

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It's all about touch.
It's all about feeling.
It's all about mystery.
It's all about discovery.

# Whatz-n-Sox? A bunch of memories!

'Lost' memories may not be lost forever! Sometimes, non-verbal cues can bring back memories that we thought were long gone. You might just need to 'sneak up' on those pesky varmints a different way.

WHATZ-N-SOX is an exciting sensory adventure that combines the fun of a guessing game with non-verbal recall cues that will stimulate, entertain and may aid in recall/retrieval of long lost memories.

It is a set of fourteen, brightly colored and patterned socks, each containing a small object from the past. You simply pass a sock onto your loved one and they squeeze them, dangle them, jiggle, fiddle,

sniff them - even weigh them in their hands. What is inside that darn sock? The shape, the weight, the smell, the sound - anything might give it away. And when you think you know - untie it and see!

Check out the items overleaf...

# Did you know?

'Lost' memories can sometimes be triggered by touch, sound, shape or smell? Cued recall can help you rediscover the past.

## No Rules:

Play one sock per day or more. And you can untie them to see the object itself.

It's all up to you.

# Other things of to look at:

- The Memory Game
- ◆ Echoes CD
- Memory Books
- Bonding Bears